The Lord wants you to experience real and abundant life:

Ps. 40:1-2 I waited patiently for the LORD; He turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire; He set my feet on a rock and gave me a firm place to stand. (NIV)

As I read through this Psalm, I am immediately drawn back to a time on the farm. We had to irrigate most of our fields where we grew wheat, cotton, and maize. We were constantly moving irrigation pipes and sprinklers on a daily basis. This was a two-person job that I did every morning with my grandpa. We did this before sunrise and the ground we worked on had quite a bit of clay in it. When the ground was soaked with water, our boots would sink down into the mud and many times, we would step out of them because the suction of the clay mud would hold them so tight. I would get so stuck sometimes that I would have to call out to my grandpa to come help me out. By the time we were finally done, we would be exhausted. Fortunately, we would then head to the house for grandma's wonderful breakfast.

David also understood what it was like to be 'stuck in the mud.' There are sometimes in our lives that we just feel like that. Do you ever feel like you are in a 'rut?' Someone once told me a rut is a grave with both ends knocked out. But the key for David is the same key for us. We must wait patiently for the LORD. When we cry out to Him, He hears us and He comes to our aid. He will lift you us when we feel stuck. He cares for us and He will always watch over His children. He loves to come to us if we will but just call on Him. Now notice, when He comes to rescue us, He sets our feet on a rock, a firm place to stand. Jesus is our rock of salvation and we can be sure that He will keep us safe from harm and danger. Praise the LORD!

Dear LORD, You help us in times of need and we are so grateful. Help us to continue to live in Your presence and abide in Your Spirit. You will continue to watch over Your children. Thank You LORD. In Jesus Name, Amen